



Activating Your Creative Force

SHAMANIC ARTS PRACTICE

26th – 28th February 2016

An immersive weekend integrating shamanic and arts practices including: *Entering the Invisible Realms* and bringing those experiences into artistic expression; *Soul Retrieval* to rediscover lost gifts, strengthening connection to your vital essence; *Accessing Allies* to break habitual patterns.

You will be supported to find safe pathways around the fears, drives, barriers and breakthroughs of your creativity.

We will use multiple artistic disciplines to generate foundational tools for ongoing creative practice.

Open doorways to new aspects of your creative self...

FACILITATORS

Mirella Gleeson

Mirella is a shamanic practitioner, shamanic circle and workshop facilitator and owner and founder of Blue Spirit Yoga.

www.bluespurityoga.com.au

Cymbeline Buhler

Cymbeline is a theatre director, writer and community arts facilitator who has incorporated shamanic practice in many of her artistic projects. www.facebook.com/CymbelineAdventures

This workshop is for anyone interested or active in creative and spiritual practices.

WORKSHOP INFO

Dates

Friday	26th February	6 – 9pm
Saturday	27th February	10 – 4pm
Sunday	28th February	10 – 4pm

Cost

\$320. Early bird \$290 paid by 8th February. \$50 on booking required to hold your place. Payment plans accepted.

Please arrive at 5:30pm on Friday for registration. Morning and afternoon tea provided.

For more information or to book, contact Mirella on 0451 473 168 or mirella@bluespurityoga.com.au.